

Dear Guests!

Dear Guests!

Welcome to the Napfényes Restaurant and Pizzeria!

We feel it's important to show people who wish to live a healthy life or who seek recovery as well as those who are interested in such matters the delicious and diverse dishes that can be prepared solely from grains and vegetables vital for the human body. Thus our dishes are made from purely vegetable elements. We take great care to make sure our base ingredients contain no traces of meat, eggs or dairy products.

We designed our menu and our daily offers in a way that pleases our vegan and vegetarian guests as well as providing dishes that suit guests living on mixed diets, and thus apart from the lesser-known fare, we also offer a number of traditional Hungarian and international dishes.

We hope you're pleased by our efforts.

Here's to your health!

Enjoy your meal!

Compliments of the staff of the Napfényes Restaurant and Pizzeria

ALLERGENS



soya



peanut



sesame



nut



gluten



mustard



celery

Napfényes Restaurant and Pizzeria

1077 Budapest, Rózsa utca 39.

Phone: +36-20/313-5555; +36-1/313-5555

Open: Monday–Sunday 12–22.30 hours

info@napfenyesetterem.hu

www.napfenyesetterem.hu



Soups

- GARDEN VEGETABLE SOUP WITH SEMOLINA DUMPLINGS** 🌱 🍲 650 HUF
green peas, carrots, kohlrabi, zucchini, onions, parsley, sunflower oil, spices spelt dumplings
- HUNGARIAN BEAN GOULASH SOUP** 🌱 🍲 🍲 650 HUF
IN A CUP 1200 HUF
IN A KETTLE
dried beans, onions, carrots, turnips, celery, potatoes, garlic spelt flour pearls, soy yoghurt, oil, spelt flour, spices
- VEGETABLE RAGOUT SOUP WITH TARRAGON** 🍲 🍲 650 HUF
carrots, turnips, celery, green beans, cauliflower, onion, garlic, soy creamer, olive oil, non-dairy margarine, lemon, spices

Salads

- CAESAR SALAD** 🌱 🍲 1550 HUF
iceberg lettuce, tartar sauce, garlicky spelt bread cubes, fried tofu cubes, grated non-dairy cheese, parsley
- SALAD BAR**
- Small 600 HUF
Large 1100 HUF

Prices do not include service fee.



Pizzas

The pizzas are 30 cm in diameter

- MARGHERITA PIZZA** (V) (GF) 2100 HUF
spelt wheat dough, tomato sauce, tomato slices,
oregano, two types of dairy-free cheese
- BOLOGNESE PIZZA** (V) (GF) 2300 HUF
spelt wheat leavened dough, vegetable and
seitan tomato sauce, oregano, non-dairy cheese
- NEAPOLITAN PIZZA** (V) (GF) 2300 HUF
spelt wheat leavened dough, tomato sauce, faux sausage, corn,
spelt wheat sausage, tomato cubes, oregano, non-dairy cheese
- VEGETABLE-LOVER PIZZA** (V) (GF) 2300 HUF
spelt wheat dough, tomato sauce, red onions, olives,
braised vegetables, oregano, dairy-free cheese
- JALAPEÑO PIZZA** (V) (GF) 2300 HUF
spelt wheat leavened dough, tomato sauce, seitan cubes,
faux sausage, tomato cubes, jalapeño peppers, oregano, non-dairy cheese
- HUNGARIAN-STYLE PIZZA** (V) (GF) 2300 HUF
spelt wheat dough, tomato sauce, faux sausage, red onions,
red bell peppers, oregano, dairy-free cheese
- HAWAIIAN PIZZA** (V) (GF) 2300 HUF
spelt wheat dough, tomato sauce, seitan cubes, corn,
pineapple, oregano, dairy-free cheese

Prices do not include service fee.



POPEYE PIZZA 🌱 🌾 2300 HUF
spelt wheat dough, soy yoghurt, leafy spinach,
smoked tofu, garlic, dairy-free cheese

MEDITERRANEAN PIZZA 🌱 🌾 2300 HUF
spelt wheat dough, tomato sauce, zucchini,
sun-dried tomatoes, rucola, olive oil, oregano, dairy-free cheese

SNOW WHITE 🌱 🌾 2300 HUF
spelt wheat dough, soy yogurt, onions,
garlic, olives, oregano, non-dairy cheese

PIQUANT 🌱 🌾 2300 HUF
spelt wheat dough, faux salami, ratatouille mixture,
hot paprika, red onions, oregano, non-dairy cheese

THREE-CHEESE PIZZA 🌱 🌾 2300 HUF
spelt wheat dough, tomato sauce, red bell peppers,
olives, oregano, three types of dairy-free cheese

COAL BURNER'S PIZZA 🌱 🌾 2300 HUF
spelt wheat dough, tomato sauce, faux sausage,
seitan, smoked tofu, red onions, oregano, dairy-free cheese

PIZZA BREAD (FOCACCIA) 🌱 800 HUF
spelt pizza dough, garlic, olive oil, rosemary

EXTRA TOPPING + 200 HUF/portion
EXTRA CHEESE + 400 HUF/portion

Prices do not include service fee.



Main Course

SEITAN ROAST À LA BRASOV WITH RATATOUILLE* 🌱 🌾 🌿 2200 HUF
steak potatoes, spicy seitan, onions, paprika,
tomato, oil, spices, pickles

FALAFEL PLATTER 🌱 🌾 🌿 2200 HUF
homemade chickpea fritters, spelt wheat pita bread, coleslaw,
soy yoghurt with herbs, garlic non-dairy mayonnaise

SPAGHETTI BOLOGNESE 🌱 🔥 2000 HUF
durum pasta, spicy tomato sauce, vegetables, seitan,
faux sausage, olive oil, spices, non-dairy cheese

SPINACH RISOTTO 🌾 2000 HUF
leafy spinach, brown rice, jasmine rice, garlic,
soy cream, olive oil, non-dairy cheese

**FRIED VEGETABLE CREAM CREPES
ON A PLATTER*** 🌱 🌾 🌿 🌱 2200 HUF
spelt crepes, red onions, carrots, corn, green peas,
spelt bread crumbs, mashed potatoes with fried onions,
garlic, non-dairy mayonnaise, spices

FRIED NON-DAIRY CHEESE ON A PLATTER* 🌱 🌾 🌱 2200 HUF
non-dairy cheese breaded in spelt flour and seeds, jasmine rice,
green peas, oil, tartar sauce

GRILLED VEGETABLES WITH FRIED TOFU CHEESE 🌾 2200 HUF
carrots, cabbage, onions, broccoli, soy cheese, olive oil,
spices, garlic non-diary mayonnaise

NAPFÉNYES PLATTER FOR TWO 🌱 🌾 🌿 🌱 4600 HUF
fried crepes with veggies, fried non-dairy cheese, marinated
and grilled seitan cutlets, fried seitan cutlet, homemade falafel,
rice and peas, mashed potatoes with onions, braised white cabbage,
tartar sauce, garlic non-diary mayonnaise

*Dishes are available in half orders for 70% of their full price.

Prices do not include service fee.



Gluten-free dishes

GARDEN VEGETABLE SOUP 	650 HUF
green peas, carrots, kohlrabi, zucchini, onions, parsley, sunflower oil, spices	
GRILLED VEGETABLES WITH FRIED TOFU CHEESE 	2200 HUF
carrots, cabbage, onions, broccoli, soy cheese, olive oil, spices, plant-based garlic mayonnaise	
SPINACH RISOTTO 	2000 HUF
leafy spinach, brown rice, jasmine rice, garlic, soy cream, olive oil, non-dairy cheese	
GLUTEN-FREE MILLET DUMPLINGS IN SOY YOGURT SAUCE 	950 HUF
millet, grits, shredded coconut, soy yoghurt, cane sugar, vanilla, lemon	
VEGETABLE RAGOUT SOUP WITH TARRAGON  	650 HUF
carrots, turnips, celery, green beans, cauliflower, onion, garlic, soy creamer, olive oil, non-dairy margarine, lemon, spices	

Dishes made from gluten-free ingredients
in a non gluten-free environment.

Prices do not include service fee.



Side dishes

MASHED POTATOES WITH ONIONS	700 HUF
FRENCH FRIES	700 HUF
BROWN RICE	700 HUF
JASMINE RICE	700 HUF
RICE WITH PEAS	700 HUF
BRAISED CABBAGE	700 HUF
GRILLED VEGETABLES	1000 HUF

Extras

FALAFEL (CHICKPEA FRITTER) 🌱 🌾	150 HUF
FRIED NON-DAIRY CHEESE 🌱 🌾	350 HUF
FRIED SEITAN CUTLET 🌱	450 HUF
GRILLED MARINATED SEITAN CUTLET 🌱 🌾	450 HUF
FRIED CREPE WITH VEGGIES 🌱	700 HUF

Sauces

SPICY TOMATO SAUCE	300 HUF
SOY YOGHURT SAUCE WITH HERBS 🌱	400 HUF
TARTAR SAUCE 🌱 🌾	400 HUF
GARLIC NON-DAIRY MAYONNAISE	400 HUF

Prices do not include service fee.



Desserts

MILLET DUMPLINGS IN SOY YOGURT SAUCE 🌱 🌱 950 HUF
millet, grits, spelt bread crumbs, soy yogurt,
cane sugar, vanilla, lemon

SOMLÓ SPONGE CAKE 🌱 🌱 🌱 950 HUF
vanilla-walnut-carob sponge cake with layers
of vanilla cream and walnuts, carob sauce,
whipped soy cream

CONFECTIONERY GOODS
Take a look at our daily selection!

Prices do not include service fee.



Drinks

HOMEMADE DRINKS

Ginger lemonade	120 HUF/100 mls
Rosewater lemonade	120 HUF/100 mls

FRUIT JUICES

100% fruit juice (apple, orange, tomato)	150 HUF/100 mls
Pineapple juice	200 HUF/100 mls

OTHER DRINKS

Purified water	30 HUF/100 mls
Szentkirályi mineral water	300 HUF/500 mls
Organic grain coffee with non-dairy milk 	400 HUF
Organic grain coffee cappuccino with whipped soy cream  	500 HUF
Hot ginger drink	450 HUF/350 mls

FRESHLY SQUEEZED VEGETABLE JUICE

Beet	220 HUF/100 mls
Carrot	220 HUF/100 mls
Apple	220 HUF/100 mls
Vitamin cocktail (apples, beetroot, carrots)	220 HUF/100 mls

Prices do not include service fee.



Organic tea selection

HERBAL TEA

450 HUF/350 mls

Elderberry

Rose hip

Linden

Chamomile

ENGLISH TEA SHOP TEAS

450 HUF/350 mls

Tropical Punch

organic lemon balm, peppermint, hibiscus, rose hip, chamomile, apple, natural mango, peach and pomegranate flavors

Spiced Red Fruits

organic hibiscus, rose hip, apple cinnamon, peppermint, natural strawberry, sour cherry and raspberry flavors

SuperBerries

organic hibiscus, rooibos, spearmint, raspberry, strawberry, blueberry, natural raspberry and strawberry flavors

Ginger&Citrus

organic lemon balm, orange peel, ginger, natural orange and tangerine flavors

RefreshMe

organic spearmint, lemon balm, thyme, eucalyptus leaves, lemon myrtle, lemon peel

Happy Me

organic lemon balm, apple, orange peel, ginger, cardamom, coriander, cinnamon, calendula

EXTRA AGAVE SYRUP

200 HUF/30 gs

Prices do not include service fee.

